

Speaker Bios

Michel Odent, MD, France, author of the first article in the medical literature applying the “Gate Control Theory of Pain” to obstetrics (1975), of the first article about the initiation of lactation during the hour following birth (1977), and of the first article about the use of birthing pools (Lancet 1983). He introduces the concept of Primal Health Research (www.primalhealthresearch.com). Author of 12 books published in 22 languages.

Jan Tritten, USA, is the founder, editor and mother of “Midwifery Today” magazine, USA. She is a midwife since 1977.

Robbie Davis-Floyd, PhD, USA, is a cultural and medical anthropologist specializing in the anthropology of reproduction. An international speaker and author.

Eneyda Spradlin-Ramos, USA, has been involved in childbirth and breastfeeding for the last 22 years and has attended homebirths for the last 13 years.

Marsden Wagner, MD, USA, perinatologist and perinatal epidemiologist. He was director of Women’s and Children’s Health in the World Health Organization for 15 years.

Elisabeth Geisel, Germany, President of the German Society for Childbirth Education, Family Support and Women’s Health (GfG), co-ordinator of ENCA.

Thea Van Tuyl and Hannie Oor, The Netherlands, childbirth educators. They have been working for many years as trainers of childbirth educators and doulas.

Beverley Beech, UK, honorary chairwoman of the Association for Improvements in the Maternity Services (AIMS). She is also a freelance writer and lecturer.

Madeleine Akrich, France, sociologist and member of the board of the CIANE coalition.

Bernard Bel, France, activist for improvements of maternity service in French-speaking countries and co-founder of the AFAR society (<http://www.afar.info>).

Olga Ducat, Bulgaria, founder and President of “Estestveno” – association in support of natural childbirth in Bulgaria.

Blagovesta Kostova, Bulgaria, midwife with more than 32 years of experience. At the moment she works in “Hygia” hospital, city of Pazardzhik.

Todor Antonov, MD, Bulgaria, obstetrician and gynaecologist with more than 35 years of experience. One of the founders of the maternity ward in “Hygia” hospital, city of Pazardzhik.

Diana Dimitrova, Bulgaria, midwife and lecturer in the Medical College and the Medical University in the city of Varna, Bulgaria.

Yana Rasheva-Merdjanova, Doctor of Pedagogical Science, Bulgaria, professor in Sofia University St Kliment Ohridski, pedagogue and philosopher.

Registration fee: Admission 10 EURO for 1 day-pass, 15 EURO for 2 days.
Bulgarian students under 25 years of age - 5 EURO.

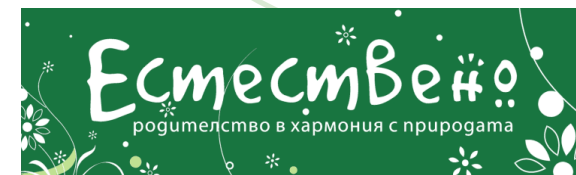
Address: Interpret World Trade Center, Sofia, 36 Dragan Tsankov Str.

For program updates and more info please visit www.estestveno.com/en/conference
Please send your completed registration form to info@estestveno.com
Or contact us by phone: 00359 899 991264 - Olga Ducat

International Conference on Childbirth

Sofia, Bulgaria 29-30 May 2010

Birth with Love and Wisdom



Day 1 - Saturday, May 29

Reconsidering and Changing Birth Practices

8:30 - 9:00 am Registration

Reconsidering and Changing Birth Practices

9:00 - 9:15 am – Opening ceremony and BABA's reminiscences of natural birth in the past

9:15 - 10:15 am – New Criteria to Evaluate the Practices of Obstetrics/Midwifery – Michel Odent, MD

10:15 - 10:45 am – Birth as a Human Rights Issue – Jan Tritten

10:45 - 11:00 am – Break

11:00 - 12:00 am – Birth Models that Work – Robbie Davis-Floyd

12:00 - 12:20 pm – Changing Birth Practices. Visions and Dreams for Birth Change – Jan Tritten, Eneyda Spradlin Ramos

12:20 - 12:45 pm – Questions and Answers

12:45 - 2:00 pm – Lunch Break

2:00 - 2:15 pm – Video interview with Marsden Wagner, MD

Progress in Maternal and Newborn Care in the European Countries

2:15 - 2:45 pm – Birth houses in Germany – Elisabeth Geisel

2:45 - 3:15 pm – The Reality of Homebirth in Holland – Thea Van Tuyl, Hannie Oor

3:15 - 3:45 pm – Birth in the UK. Is normal birth possible in a hospital? – Beverley Beech

3:45 - 4:15 pm – Supporting or questioning the perinatal health care system: which role is legitimate for a 21st century citizen? - Madeleine Akrich, Bernard Bel, France.

4:15 - 4:30 pm – Break

The Bulgarian Experience

4:30 - 4:55 pm – Changing the Attitudes towards Birth in Bulgaria – Olga Ducat, Association “Estestveno”

4:55 - 5:20 pm – Non invasive birth approach in a small maternity ward in the city of Pazardzhik, Bulgaria – Blagovesta Kostova, Todor Antonov, MD

5:20 - 5:50 pm Questions and Answers

5:50 - 6:00 pm – A short film: “Luna”, by Diana Paul. Closing.

Day 2 - Sunday, May 30

Understanding and Trusting Birth

9:00 - 9:15 am – Opening of the second day

9:15 - 10:30 am – Normal Physiology of Birth. Variations of Normal. Natural Approach in Case of Complications. – Elizabeth Davis

10:30 - 10:45 am – Break

10:45 - 12:15 am – Effects of Birth on Life. Hormones in Labour and Birth – Michel Odent, MD

12:15 - 12:45 pm – Question and answers

12:45 - 1:45 pm – Lunch Break

1:45 - 2:30 pm – Emotional Issues in Labor – Elizabeth Davis

2:30 - 3:15 pm – The Role of the Midwife and Doula – Elizabeth Davis

3:15 - 4:00 pm – Traditional Midwifery Skills – Jan Tritten, Eneyda Spradlin Ramos Part 1

4:00 - 4:15 pm – Break

4:15 - 5:00 pm – Traditional Midwifery Skills – Jan Tritten, Eneyda Spradlin Ramos Part 2

5:00 - 5:30 - Reconsidering the Educational Program for Birth Professionals in Bulgaria – Diana Dimitrova

5:30 - 5:50 pm – Birth and Maternity seen as Universal Events – Yana Rasheva-Merdjanova

5:50 - 6:00 pm – Closing Address